

# Limietwedstrijd



Dedemsvaart AC  
Dedemsvaart 14-9-2019

Limietwedstrijd - zaterdag 14 september 2019 om 15:45u (25 m)

Aanvangstijd juryvergadering: 15:15u

## 1. 200m wisselslag - Dames

*vanaf 11 jaar (Senioren Open)*

- |  |          |
|--|----------|
| 1. Roos Arnold (ZV 44, 200500060)                      | 02:34.64 |
| 50m 00:34.25 34,25                                     |          |
| 2. Carlein Polinder (ZV 44, 200600128)                 | 02:38.19 |
| 50m 00:34.00 34,00                                     |          |
| 3. Veerle Riezebos (ZV 44, 200600712)                  | 02:40.50 |
| 50m 00:35.41 35,41                                     |          |
| 4. Svenja Niehaus (Waspo Nordhorn, 367157)             | 02:49.10 |
| 50m 00:35.42 35,42                                     |          |
| 5. Nele Monse (Waspo Nordhorn, 355483)                 | 02:50.25 |
| 50m 00:36.61 36,61                                     |          |
| 6. Demi de Wolf (Deltasteur, 200600240)                | 02:50.64 |
| 50m 00:37.59 37,59                                     |          |
| 7. Puk Lubbers (ZV 44, 200600832)                      | 02:57.35 |
| 50m 00:37.15 37,15                                     |          |
| 8. Esmée van der Tweel (Deltasteur, 200202870)         | 02:57.70 |
| 50m 00:36.34 36,34                                     |          |
| 9. Lina Umbreit (Waspo Nordhorn, 369564)               | 03:05.51 |
| 50m 00:40.54 40,54                                     |          |
| 10. Marlouke Frijstein (ZV 44, 200800152)              | 03:07.48 |
| 50m 00:44.67 44,67                                     |          |
| 11. Anna Bouwkamp (Waspo Nordhorn, 365738)             | 03:08.50 |
| 50m 00:43.61 43,61                                     |          |
| 12. Sina Duhn (Waspo Nordhorn, 320890)                 | 03:08.53 |
| 50m 00:40.97 40,97                                     |          |
| 13. Kaja Lohuis (Waspo Nordhorn, 390640)               | 03:10.42 |
| 50m 00:41.84 41,84                                     |          |
| 14. Olivia Ferreira (Waspo Nordhorn, 405267)           | 03:10.69 |
| 50m 00:42.64 42,64                                     |          |
| 15. Femke Bollema (Deltasteur, 200500264)              | 03:12.44 |
| 50m 00:40.59 40,59                                     |          |
| 16. Anique Polinder (ZV 44, 200800008)                 | 03:18.17 |
| 50m 00:46.81 46,81                                     |          |
| 17. Sacha de Velde Harsenhorst (Deltasteur, 200700296) | 03:30.44 |
| 50m 00:48.42 48,42                                     |          |

## 2. 200m wisselslag - Heren

*vanaf 11 jaar (Senioren Open)*

- |  |          |
|--|----------|
| 1. Robin van den Berg (ZV 44, 200400699)   | 02:22.04 |
| 50m 00:29.82 29,82                         |          |
| 2. Lukas Bouwkamp (Waspo Nordhorn, 320891) | 02:30.96 |

|  |  |          |
|--|--|----------|
|  | 50m 00:34.71 34,71                     |          |
| 3. Thijs ten Koppel (Deltasteur, 200500357)                        | 50m 00:32.41 32,41                     | 02:33.72 |
| 4. Leonardo Hassing (Dedemsvaart-AC, 200402377)                    | 50m 00:33.68 33,68                     | 02:38.30 |
| 5. Hugo Lamtink (ZV 44, 200502759)                                 | 50m 00:33.89 33,89                     | 02:39.22 |
| 6. Daniel Critchell (Deltasteur, 200700439)                        | 50m 00:40.65 40,65                     | 02:59.38 |
| 7. Thijs Poll (ZV 44, 200700203)                                   | 50m 00:47.23 47,23                     | 03:22.59 |
| DIS. Bram Wammes (Deltasteur, 200700201)                           |  | 00:00.00 |
| DIS. Thomas Koning (Waspo Nordhorn, 390887)                        |  | 00:00.00 |
| 3. 200m schoolslag - Dames<br><i>vanaf 11 jaar (Senioren Open)</i> |  |          |
| 1. Nora Weerman (ZV 44, 200400620)                                 | 50m 00:38.39 38,39 100m 01:22.17 43,78 | 02:53.15 |
| 2. Eline van Unen (Deltasteur, 200600520)                          | 50m 00:38.66 38,66 100m 01:23.39 44,73 | 02:56.69 |
| 3. Loïs Smit (Deltasteur, 200500214)                               | 50m 00:41.73 41,73 100m 01:32.92 51,19 | 03:19.01 |
| 4. Laura van de Wal (Deltasteur, 200700138)                        | 50m 00:43.61 43,61 100m 01:35.78 52,17 | 03:22.82 |
| 5. Valérie Sakkers (ZV 44, 200800080)                              | 50m 00:45.64 45,64 100m 01:38.43 52,79 | 03:22.87 |
| 6. Thirza Bollema (Deltasteur, 200003322)                          | 50m 00:46.26 46,26 100m 01:40.91 54,65 | 03:36.41 |
| 7. Iris Klink (ZV 44, 200700190)                                   | 50m 00:47.64 47,64 100m 01:43.61 55,97 | 03:37.79 |
| 8. Annemiek van Veen (Dedemsvaart-AC, 199305566)                   | 50m 00:53.63 53,63 100m 01:54.06 60,43 | 03:57.97 |
| 4. 200m schoolslag - Heren<br><i>vanaf 11 jaar (Senioren Open)</i> |  |          |
| 1. Ruben Hoeve (ZV 44, 200302179)                                  | 50m 00:36.79 36,79 100m 01:20.09 43,30 | 02:46.32 |
| 2. William Kragt (ZV 44, 200503133)                                | 50m 00:40.15 40,15 100m 01:26.45 46,30 | 03:00.90 |
| 3. Daniël Hardziyenka (ZV 44, 200701773)                           | 50m 00:43.31 43,31 100m 01:31.28 47,97 | 03:07.39 |
| 4. Emiel de Bruijn (Dedemsvaart-AC, 200700953)                     | 50m 00:42.81 42,81 100m 01:31.62 48,81 | 03:12.15 |
| 5. 100m vrije slag - Dames<br><i>vanaf 11 jaar (Senioren Open)</i> |  |          |
| 1. Yvon Versteeg (De Veene, 199201864)                             | 50m 00:28.75 28,75                     | 00:59.71 |
| 2. Alessia Sluis (Dedemsvaart-AC, 200300896)                       | 50m 00:29.61 29,61                     | 01:01.91 |
| 3. Eline Dankelman (Dedemsvaart-AC, 200204804)                     | 50m 00:29.62 29,62                     | 01:02.10 |

|  |          |
|--|----------|
| 4. Lynn Reitsma (Deltasteur, 200502750)<br>50m 00:29.84 29,84            | 01:03.17 |
| 5. Lindy Elkerbout (De Veene, 200000604)<br>50m 00:30.94 30,94           | 01:04.51 |
| 6. Senna Geerdink (Deltasteur, 200500026)<br>50m 00:31.33 31,33          | 01:05.15 |
| 7. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)<br>50m 00:31.32 31,32  | 01:05.75 |
| 8. Monica Faber (Deltasteur, 200400388)<br>50m 00:31.58 31,58            | 01:05.86 |
| 9. Maud Kuipers (Dedemsvaart-AC, 200201894)<br>50m 00:32.14 32,14        | 01:05.91 |
| 10. Melissa de Lang (ZV 44, 200001186)<br>50m 00:31.49 31,49             | 01:06.05 |
| 11. Esmee Mulder (ZV 44, 200800038)<br>50m 00:32.02 32,02                | 01:06.96 |
| 12. Kayleigh Westenberg (De Veene, 200004064)<br>50m 00:32.24 32,24      | 01:07.46 |
| 13. Ester Schuurman (Deltasteur, 200201106)<br>50m 00:32.20 32,20        | 01:07.72 |
| 14. Manon Tiggelaar (Dedemsvaart-AC, 200400394)<br>50m 00:32.42 32,42    | 01:07.78 |
| 15. Tara Schuurman (Deltasteur, 200400386)<br>50m 00:32.34 32,34         | 01:07.99 |
| 16. Maud Heldoorn (Deltasteur, 200000564)<br>50m 00:32.47 32,47          | 01:08.40 |
| 17. Ilona Kosse (Dedemsvaart-AC, 200401966)<br>50m 00:33.17 33,17        | 01:08.77 |
| 18. Sanne van Dijk (Deltasteur, 200301908)<br>50m 00:33.04 33,04         | 01:09.09 |
| 19. Tessa Maat (Deltasteur, 200201826)<br>50m 00:32.56 32,56             | 01:09.20 |
| 20. Danique Koster (Deltasteur, 200500258)<br>50m 00:33.32 33,32         | 01:09.30 |
| 21. Féline Sam (ZV 44, 200700018)<br>50m 00:33.55 33,55                  | 01:09.43 |
| 22. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)<br>50m 00:32.93 32,93 | 01:09.45 |
| 23. Tamar Wijdenes (De Veene, 200303618)<br>50m 00:33.33 33,33           | 01:09.64 |
| 24. Rebecca Reurink (Dedemsvaart-AC, 200602112)<br>50m 00:33.61 33,61    | 01:09.88 |
| 25. Carmen van der Laan (Deltasteur, 200600234)<br>50m 00:34.03 34,03    | 01:10.07 |
| 26. Noa Berends (De Veene, 200500808)<br>50m 00:33.53 33,53              | 01:10.19 |
| 27. Sina Kamps (Waspo Nordhorn, 320902)<br>50m 00:33.90 33,90            | 01:11.26 |
| 28. Iris Welhuis (Dedemsvaart-AC, 200403678)                             | 01:11.56 |

|  |                    |          |
|--|--------------------|----------|
|  | 50m 00:34.67 34,67 |          |
| 29. Jalie Visschedijk (De Veene, 200104126)                        | 50m 00:34.39 34,39 | 01:12.09 |
| 30. Michelle van den Berg (ZV 44, 200500286)                       | 50m 00:33.79 33,79 | 01:12.61 |
| 31. Lyanne Spaan (Dedemsvaart-AC, 200600216)                       | 50m 00:34.59 34,59 | 01:13.36 |
| 32. Lena Burkert (Waspo Nordhorn, 405269)                          | 50m 00:35.84 35,84 | 01:13.79 |
| 33. Marit Welhuis (Dedemsvaart-AC, 200502816)                      | 50m 00:37.16 37,16 | 01:14.90 |
| 34. Meike Fix (Dedemsvaart-AC, 200600962)                          | 50m 00:36.48 36,48 | 01:15.18 |
| 35. Romee Jabben (Dedemsvaart-AC, 200404426)                       | 50m 00:36.16 36,16 | 01:16.22 |
| 36. Mirte Slamp (De Veene, 200400522)                              | 50m 00:37.38 37,38 | 01:17.52 |
| 37. Annet Hartholt (Dedemsvaart-AC, 200401646)                     | 50m 00:35.96 35,96 | 01:17.94 |
| 38. Floor Werger (Dedemsvaart-AC, 200602114)                       | 50m 00:38.14 38,14 | 01:18.65 |
| 39. Sofie Kragt (Dedemsvaart-AC, 200701020)                        | 50m 00:37.59 37,59 | 01:18.99 |
| 40. Laura Verwoerd (De Veene, 200302310)                           | 50m 00:36.74 36,74 | 01:19.03 |
| 41. Danique Zandvoort (De Veene, 200405688)                        | 50m 00:36.36 36,36 | 01:19.52 |
| 42. Yvon Jansen (Deltasteur, 200700142)                            | 50m 00:37.72 37,72 | 01:20.68 |
| 43. Noralin de Boer (De Veene, 200701100)                          | 50m 00:41.75 41,75 | 01:26.23 |
| 44. Denise School (Deltasteur, 200803772)                          | 50m 00:45.94 45,94 | 01:35.65 |
| DIS. Romy Renker (Dedemsvaart-AC, 200401892)                       |                    | 00:00.00 |
| 6. 100m vrije slag - Heren<br><i>vanaf 11 jaar (Senioren Open)</i> |                    |          |
| 1. Leon van den Hof (Dedemsvaart-AC, 200203269)                    | 50m 00:25.29 25,29 | 00:53.88 |
| 2. Vince van der Pal (ZV 44, 200401869)                            | 50m 00:26.03 26,03 | 00:54.83 |
| 3. Sven Klink (ZV 44, 200500349)                                   | 50m 00:28.13 28,13 | 00:58.15 |
| 4. Matthew Critchell (Deltasteur, 200403011)                       | 50m 00:28.17 28,17 | 00:58.80 |
| 5. Niels Kragt (Dedemsvaart-AC, 200300155)                         | 50m 00:27.97 27,97 | 00:59.16 |
| 6. Ian van der Pal (ZV 44, 200203645)                              | 50m 00:28.80 28,80 | 01:01.02 |
| 7. Simon Bloem (ZV 44, 200200033)                                  |                    | 01:02.75 |

|   |                    |          |
|---|--------------------|----------|
|   | 50m 00:29.93 29,93 |          |
| 8. Gijs Vrieling (Dedemsvaart-AC, 200503811)                    | 50m 00:31.75 31,75 | 01:05.15 |
| 9. Thijmen Vugteveen (De Veene, 200500139)                      | 50m 00:32.30 32,30 | 01:05.21 |
| 10. Hugo Lamtink (ZV 44, 200502759)                             | 50m 00:31.30 31,30 | 01:05.33 |
| 11. Roy Swinkels (De Veene, 200201625)                          | 50m 00:30.99 30,99 | 01:06.26 |
| 12. Calvin de Heer (De Veene, 200500119)                        | 50m 00:31.64 31,64 | 01:06.30 |
| 13. Nick Swinkels (De Veene, 200201619)                         | 50m 00:30.87 30,87 | 01:06.46 |
| 14. Dennis Mosterman (Dedemsvaart-AC, 200501283)                | 50m 00:31.62 31,62 | 01:06.63 |
| 15. Job Riezebos (Deltasteur, 200700137)                        | 50m 00:34.54 34,54 | 01:11.89 |
| 16. Bram Wammes (Deltasteur, 200700201)                         | 50m 00:36.44 36,44 | 01:15.92 |
| 17. Mika van Dusseldorp (Dedemsvaart-AC, 200503867)             | 50m 00:37.29 37,29 | 01:21.58 |
| 7. 100m rugslag - Dames<br><i>vanaf 11 jaar (Senioren Open)</i> |                    |          |
| 1. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)                | 50m 00:31.34 31,34 | 01:03.34 |
| 2. Lindsey Berghuis (ZV 44, 200300104)                          | 50m 00:32.18 32,18 | 01:06.13 |
| 3. Lotte Pieterman (ZV 44, 200301838)                           | 50m 00:32.09 32,09 | 01:06.30 |
| 4. Marit Boxum (Deltasteur, 200000068)                          | 50m 00:32.46 32,46 | 01:08.06 |
| 5. Milou ten Koppel (Deltasteur, 200302572)                     | 50m 00:33.70 33,70 | 01:09.66 |
| 6. Jolijn Liezen (ZV 44, 200500518)                             | 50m 00:34.15 34,15 | 01:10.33 |
| 7. Demi Westendorp (Deltasteur, 200500262)                      | 50m 00:33.78 33,78 | 01:10.57 |
| 8. Julia van den Bosch (Deltasteur, 200600232)                  | 50m 00:35.35 35,35 | 01:13.25 |
| 9. Elise Schaapveld (ZV 44, 200703006)                          | 50m 00:38.93 38,93 | 01:18.40 |
| 10. Nele Monse (Waspo Nordhorn, 355483)                         | 50m 00:39.13 39,13 | 01:20.20 |
| 11. Krista Veehof (Deltasteur, 200700140)                       | 50m 00:40.81 40,81 | 01:24.98 |
| 12. Sina Duhn (Waspo Nordhorn, 320890)                          | 50m 00:43.15 43,15 | 01:29.26 |
| 13. Kaja Lohuis (Waspo Nordhorn, 390640)                        | 50m 00:43.74 43,74 | 01:30.08 |

|  |                    |          |
|--|--------------------|----------|
| 8. 100m rugslag - Heren                          |                    |          |
| <i>vanaf 11 jaar (Senioren Open)</i>             |                    |          |
| 1. Rolf ter Keurs (De Veene, 200500137)          |                    | 01:03.32 |
|  | 50m 00:30.81 30,81 |          |
| 2. Robin van den Berg (ZV 44, 200400699)         |                    | 01:05.60 |
|  | 50m 00:30.95 30,95 |          |
| 3. Gideon Teeuw (De Veene, 199801237)            |                    | 01:07.58 |
|  | 50m 00:31.94 31,94 |          |
| 4. Tristan Scholten (Dedemsvaart-AC, 200201683)  |                    | 01:08.84 |
|  | 50m 00:32.07 32,07 |          |
| 5. Hielke Jan Penninkhof (Deltasteur, 200500569) |                    | 01:10.33 |
|  | 50m 00:33.92 33,92 |          |
| 6. Storm Boxum (ZV 44, 200700421)                |                    | 01:14.90 |
|  | 50m 00:35.74 35,74 |          |
| DIS. Thomas Koning (Waspo Nordhorn, 390887)      |                    | 00:00.00 |
| 9. 50m vlinderslag - Dames                       |                    |          |
| <i>vanaf 11 jaar (Senioren Open)</i>             |                    |          |
| 1. Marleen Welten (Deltasteur, 199701526)        |                    | 00:33.20 |
| 2. Kayleigh Westenberg (De Veene, 200004064)     |                    | 00:34.26 |
| 3. Senna Geerdink (Deltasteur, 200500026)        |                    | 00:35.01 |
| 4. Noa Berends (De Veene, 200500808)             |                    | 00:35.18 |
| 5. Esmée van der Tweel (Deltasteur, 200202870)   |                    | 00:36.13 |
| 6. Lily Zandstra (Dedemsvaart-AC, 200701418)     |                    | 00:38.35 |
| 7. Demi de Wolf (Deltasteur, 200600240)          |                    | 00:38.73 |
| 8. Iris Welhuis (Dedemsvaart-AC, 200403678)      |                    | 00:39.17 |
| 9. Annemijn Kragt (Deltasteur, 200802710)        |                    | 00:40.90 |
| 10. Valérie Sakkers (ZV 44, 200800080)           |                    | 00:41.59 |
| 11. Mirte Slamp (De Veene, 200400522)            |                    | 00:43.44 |
| 12. Marlouke Frijstein (ZV 44, 200800152)        |                    | 00:44.42 |
| 13. Floor Werger (Dedemsvaart-AC, 200602114)     |                    | 00:44.54 |
| 14. Iris Klink (ZV 44, 200700190)                |                    | 00:48.41 |
| 15. Denise School (Deltasteur, 200803772)        |                    | 00:55.71 |
| 10. 50m vlinderslag - Heren                      |                    |          |
| <i>vanaf 11 jaar (Senioren Open)</i>             |                    |          |
| 1. Jari Hofsink (Deltasteur, 199700535)          |                    | 00:26.94 |
| 2. Robert Dragt (Deltasteur, 200400239)          |                    | 00:30.21 |
| 3. Torben Rijnkels (Dedemsvaart-AC, 200404603)   |                    | 00:31.37 |
| 4. Thijs ten Koppel (Deltasteur, 200500357)      |                    | 00:31.88 |
| 5. Simon Bloem (ZV 44, 200200033)                |                    | 00:31.89 |
| 6. Hugo Lamtink (ZV 44, 200502759)               |                    | 00:33.61 |
| 11. 50m schoolslag - Dames                       |                    |          |
| <i>vanaf 11 jaar (Senioren Open)</i>             |                    |          |
| 1. Roos Arnold (ZV 44, 200500060)                |                    | 00:36.56 |
| 2. Kim Westerink (ZV 44, 200501078)              |                    | 00:37.12 |

|   |          |
|---|----------|
| 3. Lindy Elkerbout (De Veene, 200000604)        | 00:37.65 |
| 4. Melissa de Lang (ZV 44, 200001186)           | 00:37.94 |
| 5. Anna Bouwkamp (Waspo Nordhorn, 365738)       | 00:39.83 |
| 6. Lois Smit (Deltasteur, 200500214)            | 00:41.50 |
| 7. Carmen van der Laan (Deltasteur, 200600234)  | 00:41.71 |
| 8. Carmen Powell (ZV 44, 200602458)             | 00:43.67 |
| 9. Thirza Bollema (Deltasteur, 200003322)       | 00:45.57 |
| 10. Tamar Wijdenes (De Veene, 200303618)        | 00:46.05 |
| 11. Jalie Visschedijk (De Veene, 200104126)     | 00:46.11 |
| 12. Yvon Jansen (Deltasteur, 200700142)         | 00:47.10 |
| 13. Anique Polinder (ZV 44, 200800008)          | 00:47.10 |
| 14. Noralin de Boer (De Veene, 200701100)       | 00:47.64 |
| 15. Laura Verwoerd (De Veene, 200302310)        | 00:47.87 |
| 16. Danique Zandvoort (De Veene, 200405688)     | 00:47.97 |
| <b>12. 50m schoolslag - Heren</b>               |          |
| <i>vanaf 11 jaar (Senioren Open)</i>            |          |
| 1. Leon van den Hof (Dedemsvaart-AC, 200203269) | 00:31.14 |
| 2. Gideon Teeuw (De Veene, 199801237)           | 00:33.60 |
| 3. Matthew Critchell (Deltasteur, 200403011)    | 00:34.21 |
| 4. Douwe Smit (Deltasteur, 200300345)           | 00:35.59 |
| 5. Calvin de Heer (De Veene, 200500119)         | 00:38.17 |
| 6. Roy Swinkels (De Veene, 200201625)           | 00:40.26 |
| 7. Daniel Critchell (Deltasteur, 200700439)     | 00:40.59 |
| 8. Nick Swinkels (De Veene, 200201619)          | 00:41.57 |
| 9. Thijmen Vugteveen (De Veene, 200500139)      | 00:42.23 |
| 10. Mart Vugteveen (De Veene, 200700111)        | 00:50.16 |
| <b>13. 200m vrije slag - Dames</b>              |          |
| <i>vanaf 11 jaar (Senioren Open)</i>            |          |
| 1. Lynn Reitsma (Deltasteur, 200502750)         | 02:20.51 |
| 50m 00:33.23 33,23 100m 01:09.92 36,69          |          |
| 2. Carlein Polinder (ZV 44, 200600128)          | 02:21.15 |
| 50m 00:32.35 32,35 100m 01:08.22 35,87          |          |
| 3. Julia van den Bosch (Deltasteur, 200600232)  | 02:22.78 |
| 50m 00:33.40 33,40 100m 01:09.71 36,31          |          |
| 4. Puk Lubbers (ZV 44, 200600832)               | 02:27.95 |
| 50m 00:33.99 33,99 100m 01:12.92 38,93          |          |
| 5. Esmee Mulder (ZV 44, 200800038)              | 02:33.65 |
| 50m 00:33.80 33,80 100m 01:13.01 39,21          |          |
| 6. Féline Sam (ZV 44, 200700018)                | 02:33.94 |
| 50m 00:35.81 35,81 100m 01:16.01 40,20          |          |
| 7. Michelle van den Berg (ZV 44, 200500286)     | 02:39.54 |
| 50m 00:36.07 36,07 100m 01:18.02 41,95          |          |
| 8. Lina Umbreit (Waspo Nordhorn, 369564)        | 02:41.14 |

|   |                    |                     |          |
|---|--------------------|---------------------|----------|
|   | 50m 00:35.92 35,92 | 100m 01:16.99 41,07 |          |
| 9. Femke Bollema (Deltasteur, 200500264)                            |                    |                     | 02:53.69 |
|   | 50m 00:38.78 38,78 | 100m 01:23.31 44,53 |          |
| 10. Annemijn Kragt (Deltasteur, 200802710)                          |                    |                     | 02:55.20 |
|   | 50m 00:40.76 40,76 | 100m 01:25.72 44,96 |          |
| 11. Sacha de Velde Harsenhorst (Deltasteur, 200700296)              |                    |                     | 03:08.60 |
|   | 50m 00:41.86 41,86 | 100m 01:30.45 48,59 |          |
| 14. 200m vrije slag - Heren<br><i>vanaf 11 jaar (Senioren Open)</i> |                    |                     |          |
| 1. Vince van der Pal (ZV 44, 200401869)                             |                    |                     | 02:05.23 |
|   | 50m 00:28.60 28,60 | 100m 01:01.26 32,66 |          |
| 2. Lukas Bouwkamp (Waspo Nordhorn, 320891)                          |                    |                     | 02:10.69 |
|   | 50m 00:29.31 29,31 | 100m 01:01.96 32,65 |          |
| 3. Hielke Jan Penninkhof (Deltasteur, 200500569)                    |                    |                     | 02:12.66 |
|   | 50m 00:29.57 29,57 | 100m 01:03.96 34,39 |          |
| 4. Ian van der Pal (ZV 44, 200203645)                               |                    |                     | 02:20.28 |
|   | 50m 00:29.35 29,35 | 100m 01:04.00 34,65 |          |
| 5. William Kragt (ZV 44, 200503133)                                 |                    |                     | 02:24.23 |
|   | 50m 00:32.86 32,86 | 100m 01:09.70 36,84 |          |
| 6. Storm Boxum (ZV 44, 200700421)                                   |                    |                     | 02:27.80 |
|   | 50m 00:33.60 33,60 | 100m 01:11.76 38,16 |          |
| 7. Bram Wammes (Deltasteur, 200700201)                              |                    |                     | 02:44.59 |
|   | 50m 00:37.09 37,09 | 100m 01:18.46 41,37 |          |
| 15. 200m rugslag - Dames<br><i>vanaf 11 jaar (Senioren Open)</i>    |                    |                     |          |
| 1. Lindsey Berghuis (ZV 44, 200300104)                              |                    |                     | 02:28.16 |
|   | 50m 00:33.73 33,73 | 100m 01:11.29 37,56 |          |
| 2. Monica Faber (Deltasteur, 200400388)                             |                    |                     | 02:33.87 |
|   | 50m 00:37.27 37,27 | 100m 01:16.43 39,16 |          |
| 3. Kim Westerink (ZV 44, 200501078)                                 |                    |                     | 02:34.31 |
|   | 50m 00:36.34 36,34 | 100m 01:15.75 39,41 |          |
| 4. Svenja Niehaus (Waspo Nordhorn, 367157)                          |                    |                     | 02:39.57 |
|   | 50m 00:36.59 36,59 | 100m 01:17.27 40,68 |          |
| 5. Danique Koster (Deltasteur, 200500258)                           |                    |                     | 02:43.46 |
|   | 50m 00:39.33 39,33 | 100m 01:19.96 40,63 |          |
| 6. Lily Zandstra (Dedemsvaart-AC, 200701418)                        |                    |                     | 03:00.20 |
|   | 50m 00:43.17 43,17 | 100m 01:29.41 46,24 |          |
| 7. Sina Kamps (Waspo Nordhorn, 320902)                              |                    |                     | 03:07.29 |
|   | 50m 00:43.39 43,39 | 100m 01:30.16 46,77 |          |
| 8. Marlouke Frijstein (ZV 44, 200800152)                            |                    |                     | 03:12.50 |
|   | 50m 00:46.78 46,78 | 100m 01:35.00 48,22 |          |
| 16. 200m rugslag - Heren<br><i>vanaf 11 jaar (Senioren Open)</i>    |                    |                     |          |
| 1. Sven Klink (ZV 44, 200500349)                                    |                    |                     | 02:20.54 |
|   | 50m 00:33.13 33,13 | 100m 01:08.60 35,47 |          |
| 2. Robert Dragt (Deltasteur, 200400239)                             |                    |                     | 02:26.48 |
|   | 50m 00:34.96 34,96 | 100m 01:12.75 37,79 |          |
| 3. Emiel de Bruijn (Dedemsvaart-AC, 200700953)                      |                    |                     | 02:51.94 |
|   | 50m 00:39.31 39,31 | 100m 01:24.03 44,72 |          |



|  |          |
|--|----------|
| 4. Daniël Hardziyenka (ZV 44, 200701773)                             | 02:52.70 |
| 50m 00:40.55 40,55 100m 01:26.12 45,57                               |          |
| 5. Thijs Poll (ZV 44, 200700203)                                     | 03:09.58 |
| 50m 00:44.75 44,75 100m 01:33.06 48,31                               |          |
| 17. 100m vlinderslag - Dames<br><i>vanaf 11 jaar (Senioren Open)</i> |          |
| 1. Lotte Pieterman (ZV 44, 200301838)                                | 01:07.60 |
| 50m 00:30.89 30,89   |          |
| 2. Milou ten Koppel (Deltasteur, 200302572)                          | 01:10.91 |
| 50m 00:31.74 31,74   |          |
| 3. Nora Weerman (ZV 44, 200400620)                                   | 01:11.16 |
| 50m 00:32.65 32,65   |          |
| 4. Demi Westendorp (Deltasteur, 200500262)                           | 01:15.99 |
| 50m 00:34.59 34,59   |          |
| 5. Ester Schuurman (Deltasteur, 200201106)                           | 01:19.06 |
| 50m 00:35.21 35,21   |          |
| 6. Tessa Maat (Deltasteur, 200201826)                                | 01:19.61 |
| 50m 00:35.92 35,92   |          |
| 7. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)                    | 01:21.46 |
| 50m 00:34.90 34,90   |          |
| 8. Noa Berends (De Veene, 200500808)                                 | 01:25.90 |
| 50m 00:39.44 39,44   |          |
| 9. Esmee Mulder (ZV 44, 200800038)                                   | 01:28.38 |
| 50m 00:39.15 39,15   |          |
| 10. Anna Bouwkamp (Waspo Nordhorn, 365738)                           | 01:30.72 |
| 50m 00:41.56 41,56   |          |
| 11. Meike Fix (Dedemsvaart-AC, 200600962)                            | 01:32.84 |
| 50m 00:42.76 42,76   |          |
| 12. Krista Veehof (Deltasteur, 200700140)                            | 01:33.52 |
| 50m 00:42.12 42,12   |          |
| 13. Lyanne Spaan (Dedemsvaart-AC, 200600216)                         | 01:33.83 |
| 50m 00:42.05 42,05   |          |
| 14. Kaja Lohuis (Waspo Nordhorn, 390640)                             | 01:38.73 |
| 50m 00:44.57 44,57   |          |
| 15. Annemiek van Veen (Dedemsvaart-AC, 199305566)                    | 01:56.80 |
| 50m 00:51.60 51,60   |          |
| 18. 100m vlinderslag - Heren<br><i>vanaf 11 jaar (Senioren Open)</i> |          |
| 1. Jari Hofsink (Deltasteur, 199700535)                              | 01:00.42 |
| 50m 00:27.07 27,07   |          |
| 2. Niels Kragt (Dedemsvaart-AC, 200300155)                           | 01:03.64 |
| 50m 00:29.68 29,68   |          |
| 3. Rolf ter Keurs (De Veene, 200500137)                              | 01:08.54 |
| 50m 00:30.50 30,50   |          |
| 4. Job Riezebos (Deltasteur, 200700137)                              | 01:31.38 |
| 50m 00:40.51 40,51   |          |
| 19. 100m schoolslag - Dames<br><i>vanaf 11 jaar (Senioren Open)</i>  |          |
| 1. Yvon Versteeg (De Veene, 199201864)                               | 01:14.60 |
| 50m 00:35.20 35,20   |          |

|  |          |
|--|----------|
| 2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)<br>50m 00:35.45 35,45 | 01:15.31 |
| 3. Alessia Sluis (Dedemsvaart-AC, 200300896)<br>50m 00:36.51 36,51     | 01:18.08 |
| 4. Tara Schuurman (Deltasteur, 200400386)<br>50m 00:36.19 36,19        | 01:18.65 |
| 5. Roos Arnold (ZV 44, 200500060)<br>50m 00:37.70 37,70                | 01:20.51 |
| 6. Marleen Welten (Deltasteur, 199701526)<br>50m 00:38.29 38,29        | 01:20.52 |
| 7. Marit Boxum (Deltasteur, 200000068)<br>50m 00:37.74 37,74           | 01:20.82 |
| 8. Eline van Unen (Deltasteur, 200600520)<br>50m 00:38.52 38,52        | 01:22.02 |
| 9. Jolijn Liezen (ZV 44, 200500518)<br>50m 00:38.37 38,37              | 01:22.20 |
| 10. Sanne van Dijk (Deltasteur, 200301908)<br>50m 00:39.28 39,28       | 01:23.53 |
| 11. Veerle Riezebos (ZV 44, 200600712)<br>50m 00:38.56 38,56           | 01:24.37 |
| 12. Manon Tiggelaar (Dedemsvaart-AC, 200400394)<br>50m 00:41.76 41,76  | 01:29.70 |
| 13. Senna Geerdink (Deltasteur, 200500026)<br>50m 00:42.00 42,00       | 01:30.15 |
| 14. Sina Kamps (Waspo Nordhorn, 320902)<br>50m 00:42.49 42,49          | 01:31.12 |
| 15. Laura van de Wal (Deltasteur, 200700138)<br>50m 00:43.97 43,97     | 01:33.86 |
| 16. Féline Sam (ZV 44, 200700018)<br>50m 00:46.56 46,56                | 01:36.63 |
| 17. Carmen Powell (ZV 44, 200602458)<br>50m 00:44.92 44,92             | 01:37.03 |
| 18. Elise Schaapveld (ZV 44, 200703006)<br>50m 00:46.68 46,68          | 01:38.61 |
| 19. Lena Burkert (Waspo Nordhorn, 405269)<br>50m 00:46.73 46,73        | 01:39.69 |
| 20. Marit Welhuis (Dedemsvaart-AC, 200502816)<br>50m 00:49.72 49,72    | 01:42.13 |
| 21. Lina Umbreit (Waspo Nordhorn, 369564)<br>50m 00:47.62 47,62        | 01:42.98 |
| 22. Laura Verwoerd (De Veene, 200302310)<br>50m 00:49.36 49,36         | 01:44.80 |
| 23. Olivia Ferreira (Waspo Nordhorn, 405267)<br>50m 00:50.66 50,66     | 01:45.67 |
| 24. Annemijn Kragt (Deltasteur, 200802710)<br>50m 00:51.80 51,80       | 01:45.89 |
| 25. Romy Renker (Dedemsvaart-AC, 200401892)<br>50m 00:56.79 56,79      | 02:02.64 |
| 26. Denise School (Deltasteur, 200803772)                              | 02:03.69 |

50m 00:58.72 58,72

20. 100m schoolslag - Heren  
*vanaf 11 jaar (Senioren Open)*

- |   |          |
|---|----------|
| 1. Robin van den Berg (ZV 44, 200400699)            | 01:13.29 |
| 50m 00:33.70 33,70                                  |          |
| 2. Ruben Hoeve (ZV 44, 200302179)                   | 01:15.72 |
| 50m 00:35.19 35,19                                  |          |
| 3. Matthew Critchell (Deltasteur, 200403011)        | 01:16.12 |
| 50m 00:35.66 35,66                                  |          |
| 4. Douwe Smit (Deltasteur, 200300345)               | 01:19.43 |
| 50m 00:37.14 37,14                                  |          |
| 5. Torben Rijnkels (Dedemsvaart-AC, 200404603)      | 01:20.59 |
| 50m 00:37.78 37,78                                  |          |
| 6. Thomas Koning (Waspo Nordhorn, 390887)           | 01:22.83 |
| 50m 00:38.21 38,21                                  |          |
| 7. Calvin de Heer (De Veene, 200500119)             | 01:25.60 |
| 50m 00:39.48 39,48                                  |          |
| 8. Storm Boxum (ZV 44, 200700421)                   | 01:26.26 |
| 50m 00:38.91 38,91                                  |          |
| 9. Daniel Critchell (Deltasteur, 200700439)         | 01:31.00 |
| 50m 00:41.98 41,98                                  |          |
| 10. Dennis Mosterman (Dedemsvaart-AC, 200501283)    | 01:33.13 |
| 50m 00:43.23 43,23                                  |          |
| 11. Mika van Dusseldorp (Dedemsvaart-AC, 200503867) | 01:44.68 |
| 50m 00:47.73 47,73                                  |          |
| 12. Mart Vugteveen (De Veene, 200700111)            | 01:56.62 |
| 50m 00:55.19 55,19                                  |          |

21. 50m vrije slag - Dames  
*vanaf 11 jaar (Senioren Open)*

- |  |          |
|--|----------|
| 1. Lindsey Berghuis (ZV 44, 200300104)             | 00:27.64 |
| 2. Melissa de Lang (ZV 44, 200001186)              | 00:29.18 |
| 3. Eline Dankelman (Dedemsvaart-AC, 200204804)     | 00:29.25 |
| 4. Nora Weerman (ZV 44, 200400620)                 | 00:29.35 |
| 5. Lindy Elkerbout (De Veene, 200000604)           | 00:29.91 |
| 6. Maud Heldoorn (Deltasteur, 200000564)           | 00:30.91 |
| 7. Tamar Wijdenes (De Veene, 200303618)            | 00:31.16 |
| 8. Kayleigh Westenberg (De Veene, 200004064)       | 00:31.40 |
| 9. Ilona Kosse (Dedemsvaart-AC, 200401966)         | 00:31.45 |
| 10. Julia van den Bosch (Deltasteur, 200600232)    | 00:31.45 |
| 11. Marlies Dijsselhof (Dedemsvaart-AC, 200601046) | 00:31.49 |
| 12. Danique Koster (Deltasteur, 200500258)         | 00:32.11 |
| 13. Jalie Visschedijk (De Veene, 200104126)        | 00:32.59 |
| 14. Nele Monse (Waspo Nordhorn, 355483)            | 00:32.59 |
| 15. Valérie Sakkers (ZV 44, 200800080)             | 00:33.11 |
| 16. Michelle van den Berg (ZV 44, 200500286)       | 00:33.13 |

|  |          |
|--|----------|
| 17. Thirza Bollema (Deltasteur, 200003322)       | 00:34.66 |
| 18. Iris Klink (ZV 44, 200700190)                | 00:35.32 |
| 19. Mirte Slamp (De Veene, 200400522)            | 00:35.70 |
| 20. Anique Polinder (ZV 44, 200800008)           | 00:35.72 |
| 21. Elise Schaapveld (ZV 44, 200703006)          | 00:35.80 |
| 22. Noralin de Boer (De Veene, 200701100)        | 00:38.93 |
| DIS. Danique Zandvoort (De Veene, 200405688)     | 00:00.00 |
| <b>22. 50m vrije slag - Heren</b>                |          |
| <i>vanaf 11 jaar (Senioren Open)</i>             |          |
| 1. Tristan Scholten (Dedemsvaart-AC, 200201683)  | 00:24.95 |
| 2. Rolf ter Keurs (De Veene, 200500137)          | 00:25.22 |
| 3. Robert Dragt (Deltasteur, 200400239)          | 00:25.78 |
| 4. Gideon Teeuw (De Veene, 199801237)            | 00:26.04 |
| 5. Ian van der Pal (ZV 44, 200203645)            | 00:26.64 |
| 6. Hielke Jan Penninkhof (Deltasteur, 200500569) | 00:27.34 |
| 7. Leonardo Hassing (Dedemsvaart-AC, 200402377)  | 00:27.81 |
| 8. Thijs ten Koppel (Deltasteur, 200500357)      | 00:28.90 |
| 9. Thijmen Vugteveen (De Veene, 200500139)       | 00:28.92 |
| 10. Ruben Hoeve (ZV 44, 200302179)               | 00:29.39 |
| 11. Nick Swinkels (De Veene, 200201619)          | 00:29.42 |
| 12. Gijs Vrieling (Dedemsvaart-AC, 200503811)    | 00:29.61 |
| 13. Daniël Hardzijenka (ZV 44, 200701773)        | 00:32.12 |
| 14. Thijs Poll (ZV 44, 200700203)                | 00:36.11 |
| DIS. Roy Swinkels (De Veene, 200201625)          | 00:00.00 |
| <b>23. 50m rugslag - Dames</b>                   |          |
| <i>vanaf 11 jaar (Senioren Open)</i>             |          |
| 1. Lotte Pieterman (ZV 44, 200301838)            | 00:30.61 |
| 2. Yvon Versteeg (De Veene, 199201864)           | 00:31.71 |
| 3. Demi Westendorp (Deltasteur, 200500262)       | 00:32.49 |
| 4. Maud Kuipers (Dedemsvaart-AC, 200201894)      | 00:33.16 |
| 5. Kim Westerink (ZV 44, 200501078)              | 00:33.25 |
| 6. Svenja Niehaus (Waspo Nordhorn, 367157)       | 00:33.66 |
| 7. Lynn Reitsma (Deltasteur, 200502750)          | 00:34.12 |
| 8. Jolijn Liezen (ZV 44, 200500518)              | 00:34.14 |
| 9. Carlein Polinder (ZV 44, 200600128)           | 00:34.44 |
| 10. Puk Lubbers (ZV 44, 200600832)               | 00:34.51 |
| 11. Veerle Riezebos (ZV 44, 200600712)           | 00:35.48 |
| 12. Carmen van der Laan (Deltasteur, 200600234)  | 00:35.67 |
| 13. Demi de Wolf (Deltasteur, 200600240)         | 00:36.74 |
| 14. Esmée van der Tweel (Deltasteur, 200202870)  | 00:37.81 |

|   |          |
|---|----------|
| 15. Rebecca Reurink (Dedemsvaart-AC, 200602112)                 | 00:38.73 |
| 16. Romee Jabben (Dedemsvaart-AC, 200404426)                    | 00:39.59 |
| 17. Annet Hartholt (Dedemsvaart-AC, 200401646)                  | 00:39.75 |
| 18. Sofie Kragt (Dedemsvaart-AC, 200701020)                     | 00:40.26 |
| 19. Yvon Jansen (Deltasteur, 200700142)                         | 00:42.82 |
| 20. Olivia Ferreira (Waspo Nordhorn, 405267)                    | 00:44.16 |
| 21. Romy Renker (Dedemsvaart-AC, 200401892)                     | 00:49.70 |
| 24. 50m rugslag - Heren<br><i>vanaf 11 jaar (Senioren Open)</i> |          |
| 1. Leon van den Hof (Dedemsvaart-AC, 200203269)                 | 00:27.60 |
| 2. Jari Hofsink (Deltasteur, 199700535)                         | 00:28.64 |
| 3. Vince van der Pal (ZV 44, 200401869)                         | 00:30.41 |
| 4. Lukas Bouwkamp (Waspo Nordhorn, 320891)                      | 00:33.29 |
| 5. Simon Bloem (ZV 44, 200200033)                               | 00:33.43 |
| 6. Job Riezebos (Deltasteur, 200700137)                         | 00:38.80 |
| 7. Mart Vugteveen (De Veene, 200700111)                         | 00:46.50 |